

PSG NEWS LETTER

CEDAR GIRLS' SECONDARY SCHOOL
PARENT SUPPORT GROUP

JUL-SEP 2020
ISSUE NO. 3

Dear Parents,
Cedar Girls' PSG is happy and proud to celebrate Singapore's upcoming birthday by bringing you a special National Day issue of the Newsletter. As Singapore marks its 55th birthday during this challenging Covid-19 times, this issue highlights the plans of students and their families to get into the National Day spirit (*pages 1 & 2*), tributes to our Frontline Heroes (*pages 2 & 3*) and some fond National Day reminiscences (*pages 3 & 4*). Happy birthday to our beloved Singapore!



HAPPY 55TH BIRTHDAY SINGAPORE

Cedarians and their families share how they plan to join in the celebrations

Makan together and watch live broadcast

"We plan to make a meal as a family and stay indoors to watch the live broadcast of this year's National Day Parade so that we can still enjoy the celebrations from the comfort of our home."

- **Anna Shazia Binte Satria, 3A**

NDP and fireworks: Annual tradition

"For the 2020 National Day celebrations, my family has participated in the NDP virtual choir 2020."

"For us, it is a family affair to watch the NDP on TV and the fireworks together."

- **Goh Yar Lan, mum of Jayne Tong, 3O**



WHO ARE WE

We are the Parent Support Group (PSG) of Cedar Girls' Secondary School

MISSION

To support the school in the holistic development of our daughters so that they will grow into Leaders of Character

VISION

Partnering the school to bring out the best in our daughters

NATIONAL DAY SPECIAL

More ways to get into the National Day spirit

Join in all segments of the celebration

“National Day is an occasion that gives expression to our solidarity, resilience and gratitude. I always look forward to the novelty that revolves around the NDP. Every year, our family dons red clothing and wave our flags proudly to participate in celebrations in our neighbourhood. Gathering together and singing *Majulah Singapura* as one united family makes me emotional.

“I am eagerly looking forward to *Together, A Stronger Singapore* this year! The first of its kind! I am excited to take part in the virtual segments and witness the various displays in close proximity.

“This is going to be a special and memorable birthday as we shall be thanking those who are toiling to keep us safe!”

- **Jagadeeshwari N**, mum of Saathvika, 1N



Eagerly waiting to watch fireworks



Singapore Together Pack and National Day song

“My family and I have been getting into the National Day spirit by collecting the fun pack and listening to the National Day song for this year. On 9 August, we are planning to watch the NDP on TV like we do every year to get into the National Day spirit and also to express our love for Singapore!”

- **Natasha Lim**, 4C

HAPPY 55TH BIRTHDAY SINGAPORE



NDP 2020: Together, A Stronger Singapore

On National Day, listen out **twice** for the ‘Public Warning System’ sirens which will signify the rallying of the nation.

Join in the Anthem Moment @ approx 10.30am

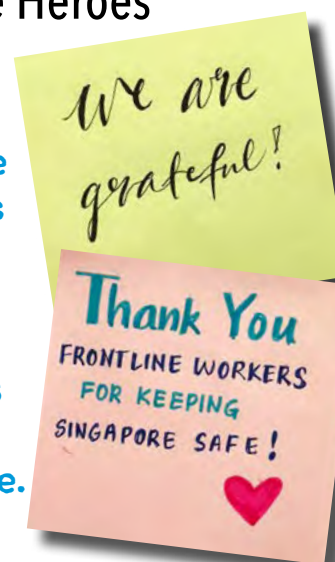
Gather your loved ones and come together as one united Singapore and sing the National Anthem proudly as our Flag is raised across Singapore at various chosen locations.

Join in the Pledge Moment @ 8.20pm

Let us stand united as one nation, wherever we are, to recite our Pledge.

A Tribute to our Frontline Heroes

We take this opportunity to express our heartfelt appreciation and gratitude to all our frontline workers for their courage and dedication during these tough Covid-19 times. Your selfless service and tireless efforts help keep us safe and overcome this challenge.



NATIONAL DAY SPECIAL

Which National Day was most memorable for you? Flashback to fun memories

2019



We look back with happiness and pride on our memorable 2019 National Day celebrations. As Singapore commemorated its 54th year of independence and the 200th anniversary of Sir Stamford Raffles' arrival in Singapore, Cedar Girls' Secondary School, Victoria School and Victoria Junior College jointly honoured the Singapore Bicentennial by holding a combined National Day Celebration at Victoria Junior College (VJC) which included a parade and performances by students.



2019 VCA NDP celebrations @VJC to commemorate Singapore's Bicentennial.

HAPPY 55TH BIRTHDAY SINGAPORE



Tributes from Cedarians to their parents working in healthcare

From: Hayashi Miina, 30

To: My dad

You're my hero! Thank you for working so hard everyday to keep everyone safe. We appreciate you endlessly, and I admire you so much for your dedication, courage and efforts. I'm so proud to have you as my dad, love you and Happy National Day!

From: Holly Zhang, 3P

To: My mum

You work hard everyday to keep everyone safe. Thank you! Your hardwork and care towards the patients are what keeps Singapore safe! Even though you are also scared of the virus and fear for your own safety as well, you still put in lots of effort to take care of the patients!

NATIONAL DAY SPECIAL

Which National Day was most memorable for you? Flashback to fun memories

2015



My most memorable National Day celebration is SG50 in 2015. My husband's company had organised a gathering with food and family members were invited too. Everyone wore red to join in the celebration. What touched me most was all his colleagues from other countries all came in red. They also enjoyed the fireworks and celebration together. As the office was located at Raffles Place, overlooking the floating platform, we had the best view for fireworks and also the aircraft performance.

- **Linda Ho**, mum of Jermaine Oh Yu En, 3M



Spectacular aerial display (top) and fireworks (top left).

HAPPY 55TH BIRTHDAY SINGAPORE

My National Day Reflection

Majulah Singapura! Onward Singapore!

For the past few NDPs, my family and I were privileged to be part of the celebration. From the Marching Bands to the display of prowess in the Mobile Column and Presidential Gun Salute, they were all outstanding. I love the aerial display by our Air Force, such superb skills and coordination.

Beyond the visuals, there is a clear message to Singaporeans and the watching world. 'Look how far we've come!'. We will continue to progress with determination and fortitude. Happy 55th birthday beloved Singapore!

- **Shirleen Chia**, mum of Shaohannah Tan, 2I



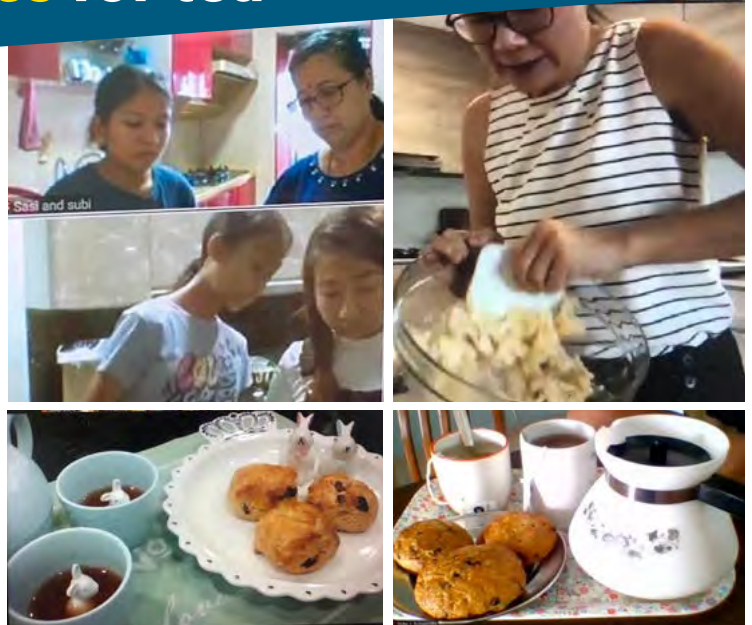
2015

EVENTS

Mothers and daughters get together via Zoom to **bake scones** for tea

PSG organised a baking workshop for mothers and daughters via Zoom on **25 May 2020** at 3pm. Baking enthusiast, Adrienne Chin, who is also the PSG Exco for School Events, conducted the workshop on how to make scrumptious scones.

While learning the techniques of baking scones, mums and daughters also had fun participating in a Kahoot quiz on Covid-19 and Circuit Breaker, answering Gen X and Gen Z trivia and sharing ideas on what pairs well with freshly baked scones.



Clarissa and I enjoyed the entire session of the 'Bake with Mama' online event so much that it still brings a smile to our faces when we talk about it.

The step-by-step demo was brilliant to follow. Both instructor and moderator were well coordinated to guide participants along.

The Kahoot quiz and trivia sessions were just as exciting with us screaming and jumping to enter our answers. However, there are others who have even faster fingers! Hahaha!

Many thanks to PSG for taking time to organise this event. It is much appreciated!

SERENE LOK, mum of Clarissa Renae Tan, 2C

The e-baking session was very well organised and fun. My daughter and I thoroughly enjoyed ourselves! We truly appreciate the time and effort put in to materialise this event.

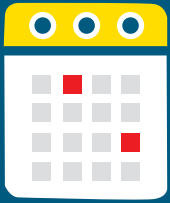
Thank you to parent-baker-instructor Adrienne for leading and guiding us. Her instructions were clear and she was patient with us too.

With the recipe given, we can make more scones again for the family!

Thanks so much for the wonderful session.



LAILA, mum of Elya Amani Suhardi, 1H



ANNOUNCEMENTS

Upcoming parenting seminars

Mark your calendar!

Check out the following online **Positive Parenting Program (Triple P) seminar series** from MSF provided by TOUCH Community Services. More details will be provided at a later date on Parents Gateway.

18 SEP 2020 (Friday)

7.30pm-9.00pm

Seminar 1: Raising responsible teenagers

Parents will be introduced to the formula for promoting healthy family relationships. Key ingredients include encouraging teenagers to be involved in the family decision-making, be involved in family activities and to be reliable and assertive.

2 OCT 2020 (Friday)

7.30pm-9.00pm

Seminar 2: Raising competent teenagers

Find out how to help your teenager make the most of her time at school. Among the competencies highlighted are how to be a good problem-solver and to establish good routines as these will help your teen to do well at both school and beyond.

16 OCT 2020 (Friday)

7.30pm-9.00pm

Seminar 3: Getting teenagers connected

Discover ways to encourage your teenager to become involved in socially appropriate recreational activities with supportive friends. You'll learn to encourage your teen to be confident, socially skilled and to meet their commitments.

“Parents need to allow their teenage girls to fight their own battles, learn from their mistakes and choose friends that are true friends.”

- DR KATE ROBERTS

Be a parent volunteer!

We invite all Cedarian parents with the heart to serve to join PSG as a parent volunteer. We are still planning activities for this year and we welcome more help.

To sign up, go to [HTTP://GOTOQR.COM/A/APNLVWRG](http://GOTOQR.COM/A/APNLVWRG)

Production of PSG Newsletters

Parents of Sec 1 and Sec 2 students with interest and experience in design and writing do join us for the production of the quarterly PSG Newsletters. Drop us an email at cedarpsg@gmail.com

CEDAR GIRLS' PSG CONTACT INFO:



Email us at
cedarpsg@gmail.com



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